

## TREATABLE CONDITIONS

Acne	Lack of Appetite in Children
Addiction	Lumbago
Allergy	Menopause
Alzheimer	Migraine
Anesthesia	Motion Sickness
Angina	Muscle Pain
Anxiety	Nausea In Pregnancy
Apoplexia	Neck Pain
Arteriosclerosis	Neuralgia
Asthma	Neuritis
Back Pain / Low Back Pain	Neuropathy
Bell's Palsy	Obesity
Blood Flow Problems	Ocular Hypotension
Bronchitis	Osteoarthritis
Cancer	Parkinson's Disease
Cardiovascular Disease	Pediatric Problems
Carpal Tunnel Syndrome	Premenstrual Syndrome
Cataracts	Postoperative Fatigue
Chemotherapy	Postoperative Nausea and Vomiting
Chronic Pain	Prostatitis
Constipation	Rheumatoid Arthritis
Coughs / Colds / Flu	Sciatic Pain
Cystitis	Senile Vascular Dementia
Dental Pain	Smoking Cessation
Depression	Substance Abuse
Dermatitis	Tendinitis
Diarrhea	Tennis Elbow
Dysmenorrhea	Tinnitus
Epicondylitis	Urinary Tract Infection
Fatigue	Varicose Eczema
Fibromyalgia	Wound Healing
Frozen Shoulder	...And Many More...
Gastrointestinal & Hepatobiliary Disorder	
Gout	
Hay Fever	
Headache / Migraine	
Hiccups	
Hypertension	
Infertility	
Insomnia	
Irritable Bowel Syndrome	
Joint Pain	

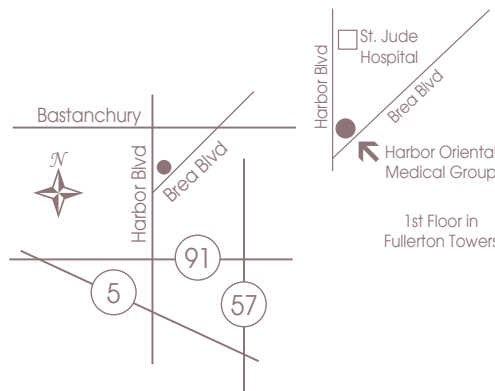


## WE SPECIALIZE IN

- ☞ Women's Health
- ☞ Internal Medicine
- ☞ Pain Syndromes
- ☞ Pediatrics

*Painless & Clean Needle Technique  
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## HARBOR ORIENTAL MEDICAL GROUP

ACUPUNCTURE & HERBAL MEDICINE

(714) 870 - 9999

Over 5,000 Years of Proven Effectiveness  
Come and Experience It For Yourself in Our  
State of The Art Facility!

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In China, Korea, Japan and other parts of Asia and Europe, Oriental Medicine is a holistic health care system that promotes body's natural healing mechanism with

help of acupuncture and herbal medicine. Holistic Health Care means it sees the whole body and its relationship to other members of the body, not just in particular areas. Oriental Medicine can treat the root of the problems in internal medicine, OB/GYN, pediatrics and all other branches of medicine. But when it comes to patients requiring surgery and other western procedures, oriental medical doctors, as primary physicians, refer patients to western medical doctors.

It is not uncommon to hear stories of patients that are "untreatable", as diagnosed by Western Medicine, are completely treated with Oriental Medicine. Furthermore, patients requiring surgery as diagnosed by western medical doctors, are diverted from surgery procedures, after seeing oriental medical doctors.



Oriental Medicine and Western Medicine, as two main health care systems in the world, can better human life by working as a team, complementing each other and giving options to patients.

Western Medicine is the choice for many people that must go through surgical procedures that require modern technologies. If you need urgent care, western doctors will take care of you very well. Whether you want to see western doctors or oriental medical doctors for all your health care needs, it is your choice. United States is behind in

catching up with Oriental Medicine then the rest of the world, but it is in full gear now.



Obvious advantages of Oriental Medicine are the use of all natural methods of healing procedures with virtually no side effects, and low cost of treatment. Oriental Medicine is not a "one shot" procedure. It is a series of treatments that first need to change your body's response to acupuncture and herbal medicine. It is a gradual process and once your body reaches the full response level to acupuncture and herbal medicine, you will see results quickly. Commitment to seeing doctors regularly is the key in Oriental Medicine. For acute conditions, you will need to see doctors between 3 to 10 times. For chronic conditions, after the initial treatment sessions, weekly follow-up visits may be required. Depending on your condition, doctor visits may be reduced or increased. If you stop seeing doctors before the entire treatment process is complete, remission will occur and you will be put back to the treatment process from the beginning all over again. Therefore, it is extremely important that you to see doctors regularly, until the end of the entire treatment process.



wisdom of 5,000 year tested and proven Oriental Medicine that changed lives of many.

We at Harbor Oriental Medical Group are dedicated to holistic care of our patients. We invite you to experience the

## TREATMENT MODALITIES

### ACUPUNCTURE

This ancient Chinese technique promotes the body's ability to heal naturally. Our doctor will place very thin, sterile needles into precise acupuncture points around the body. According to the Chinese medicine, these needles help improve the flow of Qi (pronounced "chee"), or life energy, through the body, thus improving its function. Many scientific studies demonstrate the profound effect acupuncture can have on the body's ability to repair itself.



### HERBAL MEDICINE

Like acupuncture, herbal medicine that has been practiced in Asia has a very long and solid tradition. Harbor Oriental Medical Group uses well-established herbal products from reputable companies in the US under strict quality control. Herbal medicine is in the form of decoction (raw herb liquid concentrate), tablets, or granules. These are quite different from western drugs. These treatments require patient to slowly build up to the dose which may take a few weeks before an effect is noted, and have far less side effects and contraindications than western drugs.

### CUPPING

Cupping is a method of treating disease by causing local congestion. A partial vacuum is created in jars, usually by means of heat or suction, which are then applied to the skin, drawing up the underlying tissues and forming blood stasis. Today, cups made of glass or plastic are by far the most common. They are available in many sizes, and selected according to the skin surface and methods of treatment. Both the range of indications and the variety of instruments have grown since the beginning of the Cultural Revolution.